Vasectomy PRE-Op Instructions

1. You should not take Aspirin or Ibuprofen within 7 days of the procedure.

2. On the day of the procedure:
   a) You must have someone available to bring you to the office if your doctor gave you a medicine such as diazepam, as it makes you tired.
   b) You may eat a light breakfast or lunch.
   c) Shave your scrotum with a straight razor and clip long pubic hair.
   d) Wear boxer briefs, or jockies with loose pants
   e) Take your prescription medication as directed afterwards.