



# FREE Prostate Cancer Screening

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## “So, what’s your PSA?...”

The Fall is an important season for Prostate Cancer. September is the official American Cancer Society® Prostate Cancer Awareness Month and November marks the start of Movember, where we are encouraged to rally around men’s health by growing a mustache in support of prostate cancer.

In honor of the season, we are conducting a FREE prostate cancer screening clinic. Men between the ages of 40 and 70, without a history of prostate cancer, can receive a FREE prostate cancer screening at The GW Medical Faculty Associates.

You will have a conversation about the benefits of prostate cancer screening with one of the attending Urologists at GW University Hospital. You will be able to ask questions about the test, your risk for prostate cancer, and the various approaches to understanding and treating the disease. Screening includes a prostate-specific antigen (PSA) blood test and digital rectal examination.

## Benefits of PSA Screening

Although the US Preventative Services Task Force has given prostate cancer screening a Grade D Recommendation against screening, it is undeniable that deaths from prostate cancer have declined since the introduction of the PSA blood test over 25 years ago. It is not the test itself, but how the test is interpreted and applied that is most important. In fact, the American Urological Association recommends shared decision making between patient and clinician to determine if screening is appropriate.

## New Approaches to Treatment

Given better understanding about the low risk of disease progression and the overtreatment of low-grade prostate cancer, the Urology doctors at GW understand the role of closely watching this disease rather than having treatment right away. This approach is called Active Surveillance and has been shown in multiple clinical trials to be safe and effective, while avoiding the side effects of more traditional treatments like surgery and radiation therapy. So, just because prostate cancer may be diagnosed, it does not automatically mean that it must be treated.

## Knowing is the First Step

Although you may have fear or anxiety about what the results of screening may be, knowing your PSA is the first step to gaining control over your health and your future. Your friends and family would want you to know.

## Who should come?

African-American men have a higher incidence of prostate cancer than Caucasian men.

Men with a family history of disease, especially who have a father or brother with prostate cancer. Men who have had a PSA blood test before and would like a repeat test.

Men without health insurance. Even if you do not have insurance, you will be provided with free screening. If you require additional testing based on the results, you will be able to speak with a social worker about free or affordable insurance coverage options. Men who want to be in control of their health.

## Screening Clinic Details

Offered the fourth Friday of every month  
8:30 a.m - 11:30 a.m.

By appointment (beginning 10/21/2016).

Department of Urology

22nd and I Streets, NW, 2nd floor

Washington, DC 20037

One block from the Foggy Bottom Metro  
(Blue and Orange Lines)

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## Limited Availability. Register Today!

Schedule an appointment for a FREE prostate  
cancer screening today!

**202.741.3106**

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## Resources

The GW Medical Faculty Associates Department of Urology:  
<http://www.gwdocs.com/prostate-cancer-clinic>

Movember Foundation: <https://us.movember.com/>

Urology Care Foundation: [www.urologyhealth.org](http://www.urologyhealth.org)

Prostate Cancer Foundation: [www.pcf.org](http://www.pcf.org)

American Urological Association: [www.auanet.org](http://www.auanet.org)