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PLEASE DO NOT TAKE ASPIRIN or anything else on this list two (2) weeks before and ten to fourteen (10-14) days after surgery, unless your medical doctor or cardiologist has told you to take it. If so, please discuss this with Dr. Olding before scheduling your surgery.

DO NOT TAKE: Aspirin (acetylsalicylic acid) containing drugs:

Alka-Seltzer	Coricidin	4-Way Cold Tablets
Anacin	Dristan	Midol
Arthritis Pain	Easprin	Pepto-Bismol
Ascriptin	Ecotrin	Percodan
Bayer	Excedrin	Sine-Off
Bufferin	Fiorinal	

DO NOT TAKE: Aspirin-like drugs:

Advil	Enbrel	Naprosyn
Aleve	Feldene	Nuprin (Ibuprofen)
Anaprox	Ibuprofen	Orudis
Anasaid	Indocin	Relafen
Athrotec	Lodine	Ultram
Celebrex	Mobic	
Clinoril Indocin	Voltaren	
Daypro (Oxaprozin)	Motrin	
Toradol	Nalfon	

DO NOT TAKE: Nutritional Supplements

Alfalfa	Garlic	St. John's Wort
Bilberry	Ginger	Valerian
Cayenne	Ginkgo Biloba	Valerian Root
Chamomile	Ginseng	Vitamin E
Chromium	Hydroxycut	Yohimbe
Dong Quai	Kava Kava	
Echinacea	Licorice Root	
Feverfew	Omega-3	
Fish Oil Caps	Ma Huang (Ephedra)	
Flax Seed Oil	Papaya	

Please contact your Primary Care Physician if your on the following medications:

Heparin
 Coumadin

Notify Pre-Admission Nurse at hospital if on the following:

Amitriptyline	Effexor
Elavil	MAO Inhibitors
Prozac	Wellbutrin
Zyban	

You MAY Take: Tylenol (Acetaminophen)

We recommend that you not take any medications listed above. If you are on medication not listed, please call your pharmacist to ask if you can continue to take prior to surgery. If you are planning to take any over-the-counter medications prior to surgery, please ask the pharmacist whether he can recommend one that contains **NO ACETYLSALICYLIC ACID OR IBUPROFEN.**