



## Third Trimester Pregnancy Checklist

- Tdap Vaccine (27-36 weeks)
- Influenza Vaccine (if appropriate)
- Hospital Registration ([www.gwhospital.com](http://www.gwhospital.com) → Services → Women's Services → Maternity Services → Maternity Preregistration)
  - Enter your demographic information
  - Print, read, and sign the consent forms
- Discuss your birth preferences with your provider
- Select a Pediatrics Provider
- Tour ([www.gwhospital.com](http://www.gwhospital.com) → Services → Women's Services → Maternity Services → Take a Free Prenatal Tour of the Women's Center)
- FREE Breast Pump
  - Check with insurance company for what you need from us: prescription, letter, or a certification of due date
- Car Seat
  - Please check with your local fire department or DMV for installation
- Ask your insurance how to add your newborn to your insurance policy
- FMLA Documents
  - May submit via fax or in person at the front desk
  - Expect a 7 -14 business day turn-around
- Make a Postpartum Plan
  - Visit [www.newmomhealth.com](http://www.newmomhealth.com)