

New Patient Form

Name: _____

Date: _____

Age: _____

Date of Birth: _____

Male

Female

Who referred you to our office? Name/Address/Phone Number/Specialty:

Primary Care Physician contact information (if different than referring doctor):

Is there anyone else you would like to receive information about your orthopaedic care? _____

Why are you being seen today? Right Side Left Side Both Sides (circle one)

Please describe your current orthopaedic problem/injury (how it started, symptoms, etc): _____

Problem onset: Sudden Gradual

Date of onset (or approximate duration of problem if onset was gradual): _____

Circle the number that best represents your average pain level over the last week:

(No pain) 0 1 2 3 4 5 6 7 8 9 10 (worst pain imaginable)

Circle the number that best represents your overall disability/dysfunction level:

(No dysfunction) 0 1 2 3 4 5 6 7 8 9 10 (wheelchair/bedbound)

Circle all that apply

Pain Quality: sharp aching stabbing stinging dull throbbing burning tingling

Associated Symptoms: swelling locking/catching instability/giving way stiffness deformity open sores

Timing of Pain: constant morning night worse as day goes on activity-related with walking/standing with running/exercise gets better with activity, or as day goes on

Name: _____

start-up pain (worse with first few steps after sitting/resting) variable/irregular

Have you ever had a similar pain/problem in the past? Yes No

What makes it better? _____

What makes it worse? _____

Prior treatment: Rest Cane/Crutches/Walker Orthotics/Shoe Inserts/Pads

Night splint Brace (#wks, type?) _____ Boot (#wks): _____

Cast (#wks): _____ Physical Therapy (#wks): _____ Other:

Medication (name/dose/duration): _____

Injections (How many? % improvement, duration?) _____

Prior Surgery for this problem or body part (who/where/when/what): _____

Circle all that apply

Past Medical History: High Blood Pressure Heart Failure Heart Attack/MI

Atrial Fibrillation High Cholesterol Diabetes Thyroid disorder Asthma

Chronic Bronchitis Emphysema/COPD Pneumonia Tuberculosis Sleep Apnea

Blood Clots Pulmonary Embolism Liver Disorder Hepatitis (type): _____

GERD/Reflux Stomach Ulcer Ulcerative Colitis/Crohns Kidney Stones

Kidney Failure/Dialysis Polio Neuropathy Charcot-Marie-Tooth Seizure Disorder

Stroke/TIA Cataracts Glaucoma Gout Psoriasis Lupus/SLE Osteoarthritis

Rheumatoid Arthritis Lyme disease HIV/AIDS Osteoporosis Depression Anxiety

Fibromyalgia cancer (specify): _____

other (specify): _____

Are you/could you be pregnant: Yes No

Past Surgical History [list ALL surgeries (example: appendix, tonsils, etc)]

Anesthesia Problems? (describe): _____

Circle all that apply

Name: _____

Family History: Diabetes Heart Disease Blood Clots/Pulmonary Embolism
Major Anesthesia Problems Charcot-Marie-Tooth Cancer (type?): _____
Other: _____

Social History: Occupation: _____
Student Homemaker Retired Unemployed On Disability

With whom do you live: Mother Father Spouse Partner Children Siblings Alone

Exercise: Never Rarely/Monthly Weekly Daily
What type of exercise? _____

Hobbies: _____

Do you smoke (cigarettes, cigars, e-cigarettes, vaping)? Yes No Quit (when?)

What is the most you have ever smoked on a regular basis? _____

How many years have you/did you smoke in your life? _____

Do you drink alcohol? Yes No Quit (when?) _____

How much do you drink per week, and drink of choice?

Recreational drugs? Current use: Yes No Past use: Yes No

What type? _____

Circle all that apply

Review of Systems: Hematologic: Anemia Bleeding Tendency Easy Bruising

Constitutional: Fevers Chills Night Sweats Unplanned Weight Gain? Loss?

Cardiovascular: Chest pain Palpitations Heart Murmur Swollen Legs Leg Cramps

Pulmonary: Chronic Cough Wheezing Shortness of Breath

GI: Nausea/Vomiting Constipation Chronic Diarrhea Blood in Stool

GU: Incontinence Problems Urinating **Endocrine:** Intolerance of: Heat? Cold?

Eyes: Double Vision Blindness **Head/Neck/Ears:** Deafness Sinus Problems

Neurologic: Frequent Headaches Dizziness Balance Problems Numbness/Tingling

Weakness **Skin:** Acne Rash **Immunologic:** Swollen Glands Hay fever

Musculoskeletal: Stiffness Joint Pain Joint Swelling Neck or Back Problems

GYN: Menstrual Problems Breast Masses **Psychiatric:** Anxiety Depression

Other: _____

Name: _____

Please write all ALLERGIES and all MEDICATIONS (including non-prescription meds and supplements) on the separate form provided