



## ORTHOPAEDIC SURGERY

at The GW Medical Faculty Associates

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*Chairman*

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### Warren D. Yu, MD

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Spine Microsurgery  
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### Sibley Memorial Hospital

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### Children's Hospital

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### Washington Hospital Center

202.877.6665

### Education Coordinator

202.741.3311

Welcome to Orthopaedics!

In an effort to make your visit with us at the Department of Orthopaedic Surgery as efficient as possible, please be sure to bring the following to your upcoming appointment:

- Completed patient history forms (attached)
- Government Issued Photo ID
- Current Insurance Card
- Referral (check with your insurance company to see if one is required for a specialty appointment)
- Any reports from prior surgery
- Any reports and images from prior imaging studies (X-rays, MRI, CT scans, etc.)

We look forward to seeing you at your upcoming appointment!

If you have any questions, please feel free to contact our office at 202.741.3309.

Sincerely,

The Department of Orthopaedic Surgery

**Cervical Spine Questionnaire**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Occupation: \_\_\_\_\_

Name of physician/person who referred you: \_\_\_\_\_

**Main problem (include date of onset, describe any injury/accident):**

Was injury work related?      Yes      No  
Your dominant hand:              Left      Right  
Which arm is more painful?      Left      Right

**Do you have any of the following:**

Neck pain:	Yes	No	Difficulty writing:	Yes	No
Arm pain:	Yes	No	Difficulty walking:	Yes	No
Arm weakness:	Yes	No	Balance problems:	Yes	No
Hand clumsiness:	Yes	No	Bowel/bladder problems:	Yes	No

**Please check all that apply:**

Pain level/character:      none      dull      occasional pain      pain improving  
   mild      sharp      constant pain      pain worsening  
   moderate      burning      pain with activities      no change  
   severe      electrical      night pain

Worsens with:      overhead activities      repetitive motions      lifting  
   other \_\_\_\_\_

Improves with:      rest      stretching      ice      heat  
   other \_\_\_\_\_

Physical therapy:      yes      no      How many sessions? \_\_\_\_\_  
   helped a lot      helped a little      no help      made pain worse

Injections:      yes      no      How many? \_\_\_\_\_      Dates: \_\_\_\_\_  
   helped a lot      helped a little      no help      made pain worse

**List current medications you take for your pain. Please indicate if they help.**

**Have you seen any other doctors for your problem?**      yes      no  
Name: \_\_\_\_\_ Date: \_\_\_\_\_      Name: \_\_\_\_\_ Date: \_\_\_\_\_  
Diagnosis: \_\_\_\_\_      Diagnosis: \_\_\_\_\_  
Recommendation: \_\_\_\_\_      Recommendation: \_\_\_\_\_

**Have you had any studies (XRay, MRI, CT, myelogram)? List study and date.**

Height: \_\_\_\_\_

Weight: \_\_\_\_\_

List any medical conditions current or past, including psychiatric (use last page if necessary):

List all past surgeries and dates (use last page if necessary):

List all medications you take including dose and times (use back of page if necessary):

List any drug allergies: \_\_\_\_\_

Smoking (check one):      none      ½ pk/day      1 pk/day      2 pk/day      > 2 pk/day  
quit, last smoked \_\_\_\_\_

Alcohol (check one):      never      1 day/year      1 day/month      1day/wk      3 days/wk  
5 days/wk      every day

Work History: What type of job? Describe your duties.

What activities (sports/hobbies) do you enjoy?

Family History: relatives with problems? (diabetes, high blood pressure, cancer, heart problems)

Do you have or have you been treated for any of the following (check all that apply):

- |   |  |   |   |
|---|--|---|---|
| <b>General</b>                              | <input type="checkbox"/> Thyroid problems    | <input type="checkbox"/> Diarrhea             | <input type="checkbox"/> Seizures           |
| <input type="checkbox"/> Weight loss        | <input type="checkbox"/> Pituitary problems  | <input type="checkbox"/> Incontinence         | <input type="checkbox"/> Fainting           |
| <input type="checkbox"/> Weight gain        | <b>Heart/Lungs</b>                           | <input type="checkbox"/> Constipation         | <input type="checkbox"/> Dizziness/spinning |
| <input type="checkbox"/> Decreased appetite | <input type="checkbox"/> Coughing            | <input type="checkbox"/> Blood in stool       | <input type="checkbox"/> Balance problems   |
| <input type="checkbox"/> Fevers             | <input type="checkbox"/> Wheezing            | <input type="checkbox"/> Dark tarry stool     | <b>Hematologic</b>                          |
| <input type="checkbox"/> Chills             | <input type="checkbox"/> Shortness of breath | <input type="checkbox"/> Yellow jaundice      | <input type="checkbox"/> Easy bruising      |
| <input type="checkbox"/> Night sweats       | <input type="checkbox"/> Tuberculosis        | <input type="checkbox"/> Diabetes             | <input type="checkbox"/> Excessive bleeding |
| <b>Skin</b>                                 | <input type="checkbox"/> Chest pain          | <input type="checkbox"/> Liver problems       | <input type="checkbox"/> Anemia             |
| <input type="checkbox"/> Rashes             | <input type="checkbox"/> Palpitations        | <b>GU</b>                                     | <input type="checkbox"/> Leukemia           |
| <input type="checkbox"/> Itching            | <input type="checkbox"/> Coronary disease    | <input type="checkbox"/> Pain with urination  | <b>Psychiatric</b>                          |
| <input type="checkbox"/> Skin color changes | <input type="checkbox"/> Hypertension        | <input type="checkbox"/> Blood in urine       | <input type="checkbox"/> Depression         |
| <b>HEENT</b>                                | <input type="checkbox"/> Heart attack        | <input type="checkbox"/> Urinary urgency      | <input type="checkbox"/> Bipolar            |
| <input type="checkbox"/> Headaches          | <input type="checkbox"/> Stroke              | <input type="checkbox"/> Incontinence         | <input type="checkbox"/> Paranoia           |
| <input type="checkbox"/> Blurred vision     | <input type="checkbox"/> Leg swelling        | <input type="checkbox"/> Difficulty urinating | <input type="checkbox"/> Schizophrenia      |
| <input type="checkbox"/> Ringing in ears    | <b>GI</b>                                    | <input type="checkbox"/> Impotence            | <b>Other</b>                                |
| <input type="checkbox"/> Bloody noses       | <input type="checkbox"/> Nausea              | <input type="checkbox"/> Sexual dysfunction   | <input type="checkbox"/> HIV/AIDS           |
| <input type="checkbox"/> Sore throat        | <input type="checkbox"/> Vomiting            | <b>Neuro</b>                                  | <input type="checkbox"/> Hepatitis          |

Please provide any additional information:

# Visual Analogue Scale

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

SURGEON NAME: \_\_\_\_\_

FOLLOW UP:                      PreOp    6 months  
    Immediate PostOp                                      12 months  
    6 weeks    24 months  
    3 months    Other (specify): \_\_\_\_\_

**Please circle the number that best describes the question being asked.**

NOTE: Please indicate your average pain levels and pain at minimum / maximum using the last 3 months as your reference

EXAMPLE:

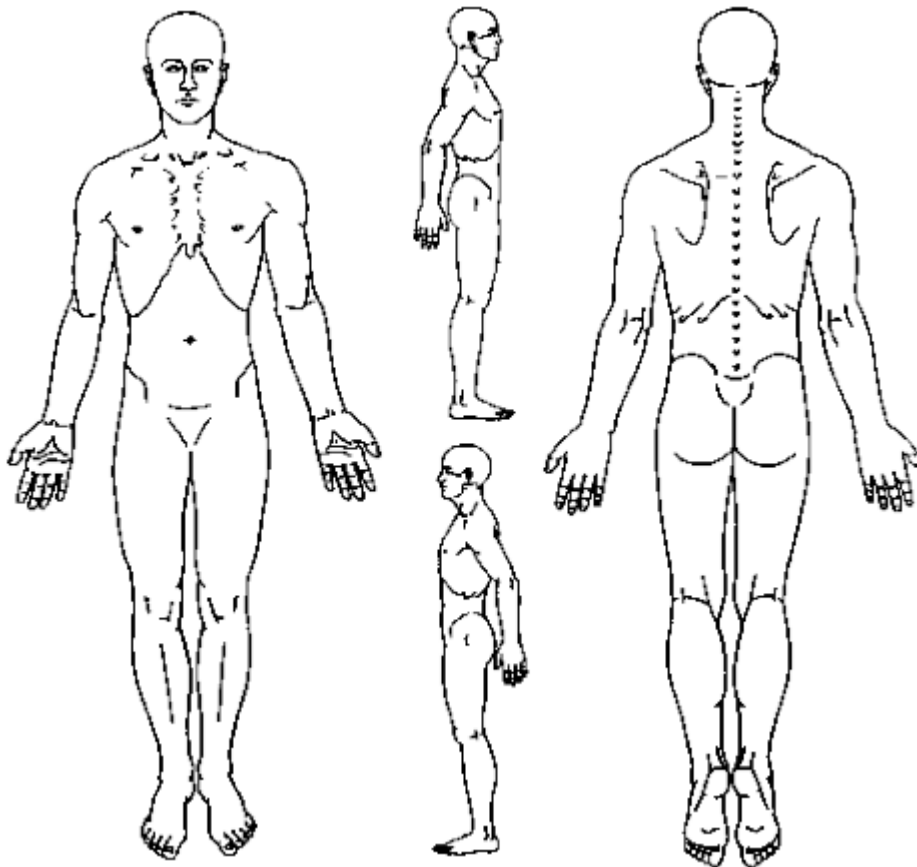
no pain                      0 \_\_\_ 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ 5 **X** 6 \_\_\_ 7 \_\_\_ 8 \_\_\_ 9 \_\_\_ 10      worst possible pain

1. ARM or LEG PAIN

no pain                      0 \_\_\_ 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ 5 \_\_\_ 6 \_\_\_ 7 \_\_\_ 8 \_\_\_ 9 \_\_\_ 10      worst possible pain

2. NECK or BACK PAIN

no pain                      0 \_\_\_ 1 \_\_\_ 2 \_\_\_ 3 \_\_\_ 4 \_\_\_ 5 \_\_\_ 6 \_\_\_ 7 \_\_\_ 8 \_\_\_ 9 \_\_\_ 10      worst possible pain



A = ACHE  
P = PINS & NEEDLES

B = BURNING  
S = STABBING

N = NUMBNESS  
O = OTHER