

### **Vasectomy PRE-Op Instructions**

1. You should not take Aspirin or Ibuprofen within 7 days of the procedure.
2. On the day of the procedure:
  - a) You must have someone available to bring you to the office if your doctor gave you a medicine such as diazepam, as it makes you tired.
  - b) You may eat a light breakfast or lunch.
  - c) Shave your scrotum with a straight razor and clip long pubic hair.
  - d) Wear boxer briefs, or jockies with loose pants
  - e) Take your prescription medication as directed afterwards.